REGENERATIVE FARMING & GRAZING FIELD DAYS

with ALLEN WILLIAMS HOSTED BY LAND STEWARDSHIP PROJECT

August 17 · 9:00 AM - 4:00 PM · 37062 COUNTY RD 12 DAKOTA, MN August 18 · 9:00 AM - 4:00 PM · 15091 CRAZY CORNERS RD CALEDONIA, MN

Cost/Person: \$30/single day or \$50/both (*kids free*) • Sign-in begins at 8:30 am <u>Pre-register online by Friday, August 12!</u>

See, discuss, and go in-depth on soil health and grazing with highly experienced regenerative producer, Allen Williams, from Soil Health Academy. Allen will be hosted on local Minnesota farms with 5+ years experience putting soil health principles into practice to grow healthier soil, food, and profits.

No matter what you grow, these field days cover practical ways for all to improve their soil.



WEDNESDAY, AUGUST 17 — LUKE & HOLLY BERGLER'S FARM Register at <u>https://bit.ly/Aug17LSP</u>

TOPICS

No-till • 60-inch corn interseeded with highly diverse cover • Diversifying crop rotations • Converting rough-ground to pasture • Cutting applied N rates • Profitability

DIRECTIONS

From I-90, take exit 258 onto MN-76. Turn North, head towards Cty Rd 12. Take a right and drive about 3 miles.

LUNCH

Prepared by Steak Shop Catering feat. Bergler's farmraised beef with a menu of burgers, baked beans, sweet corn, garden salad, & chips. THURSDAY, AUGUST 18 — JORDAN & RACHELLE MEYER'S FARM Register at <u>https://bit.ly/Aug18LSP</u>

TOPICS

Mob grazing demo • Hands-on soil health & grazing tools
Cattle handling techniques • Benefits of grazing on profitability • Direct marketing & multiple enterprises

DIRECTIONS

From Hwy 44, turn onto Cty Rd 249/W Main St.. Drive for 2 miles. Continue onto Cty Rd 3. Drive for 5 $\frac{1}{2}$ miles. Turn right onto Crazy Corners Rd. Drive for 2 $\frac{1}{2}$ miles to farm. Park on shoulder of Crazy Corners Rd.

LUNCH

Prepared by Fat Pat's BBQ feat. Wholesome Family Farms grass-fed meat with a menu of smoked brisket sandwiches, pinto beans, cole slaw, dinner roll, & fruit.



LAND STEWARDSHIP PROJECT Questions? Contact LSP's Alex Romano at 641-220-6000 or aromano@landstewardshipproject.org

LSP FIELD DAYS WITH ALLEN WILLIAMS—AUG. 17 & 18



Allen Williams is a 6th generation family farmer, "recovering academic," and founding partner of Grass Fed Insights, LLC, Understanding Ag, LLC and the Soil Health Academy and authors a regular column in *Graze magazine*. Williams spearheaded many of the early adaptive grazing protocols and forage finishing techniques and has spent the last 15 years refining them. He has consulted with more than 4,000 farmers and ranchers on multiple continents and on operations ranging from a few acres to over 1 million acres. Allen specializes in whole farm and ranch planning based on the concept of regenerative agriculture.

Luke & Holly Bergler along with their 3 kids run a small family farm in Southeast MN. Their main focus is on cow/calf production on highly managed rotated pastures and a small amount of row crop and forage acres — all no-till, planted green row crops, diverse covers and forage mixes done with reduced synthetic and chemical inputs.

"We are getting back to basics and slowing things down while improving the soil and overall land base, producing more with less while protecting our soil, improving our quality of life and doing what we feel is right."





Jordan & Rachelle Meyer along with their 6 kids operate Wholesome Family Farms in Caledonia, MN. They raise 100% grass fed beef & goats, pasture raised pork & poultry, stocker cattle. They adaptive graze on 600+ acres. They also dairy farm alongside Jordan's dad and row crop with cover crop integration on 400 acres.

"On our farm we aim to build healthy soils to ensure we have a healthy ecosystem. We want to provide a wide variety of biodiversity so our farm can contribute to producing nutritious products for our family and our community all while maintaining a quality of life and being profitable."

Thank you to our sponsors!











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Land Stewardship Project

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